VILLAGE NEWS MARCH 2022



SEAHOUSES CINEMA

WWW.SEAHOUSES.ORG

@THEHUBSEAHOUSES



Tel:01665 721868. NE68 7YL





Empire of Light

Saturday 25th February 6pm

Hilary (Olivia Colman) is a cinema manager struggling with her mental health, and Stephen (Micheal Ward) is a new employee longing to escape the provincial town where he faces daily adversity.





Sunshine On Leith - Matinee

Thursday 2nd March 1.30pm

A matinee screening of the wonderful 2013 musical film. Featuring the music of 'The Proclaimers'.

Tickets include Tea/Coffee and Cakes.





Puss In Boots: Last Wish

Saturday 11th March

3pm

Puss in Boots discovers that his passion for adventure has taken its toll when he learns that he has burnt through eight of his nine lives. Puss sets out on an epic journey to find the mythical Last Wish and restore his nine lives.





The Whale

Saturday 11th March

6pm

In a town in Idaho, Charlie, a reclusive and unhealthy English teacher, hides out in his flat and eats his way to death. He is desperate to reconnect with his teenage daughter for a last chance at redemption.

Doors open 30mins before advertised screening times.

Programme, dates, times, BBFC certificates and running times are all subject to change..

We reserve the right to alter the advertised schedule. Please book early to avoid disappointment.



Seahouses Community Hub Hub & Library Opening times Monday – Thursday

10am - 12.30 pm. & 1.30pm - 3pm

Monday Mature movers 1.30 -2.30pm

Tuesday 2-4pm Proggy mats, crafts & games

Tuesday 14th March & 11th April 2023 Bell View Fish & Chip lunch doors open 11am

Thursday 10am-12pm Bell View coffee mornings.

Seahouses Hub is a registered warm hub & warm space

Seahouses Development Trust

The Hub Stone Close Seahouses.

Tel: 01665 721868

Email: sdt@seahouses.org



Want some gentle exercise? Chair based exercise to music at Seahouses Hub Mondays

1.30-2.30pm

For further details contact Seahouses Development Trust Tel: 01665 721868 Screening of 3 films and artworks which explore the reactions and experiences of NHS and care home staff from North East and North Cumbria to the pandemic. This event is aimed at keyworkers and public sector workers, as well as their families, friends and communities. We hope to give people space to reflect, connect, and give gratitude.



Notes from the W.S. front line

Thu 9 March 2023 at 2pm

Seahouses Seahouses Development Trust, The Hub Seahouses Sports & Community Centre Stone Close, Seahouses NE68 7YL

Tickets

Free, the events are fully open to members of the public.

Refreshments will be provided after the screening.

Films

Notes From the Front Line (1 hour 7 mins 8 sec)

Playback Theatre (13 mins, 30 sec) Care Home

Other Events

3 March - 7pm - Films at Shadforth

4 March - Ilam - Zefferellis

7 March - 1pm & 7pm - The Gather

9 March - 2pm - Seahouses

March - Star and Shadow Cinema

Wellbeing hub staff available to talk about their work.



Seahouses Development Trust would like to thank The Village Voices for their very kind donation to Seahouses Hub Warm Space.



Seahouses Cinema Seahouses Hub



Tel:01665 721868



Matinee
Thursday 2nd March 2023
1.30pm
(Doors open 1pm)

£5
Cinema shop will also be open for drinks,
sweets and ice cream

Doors open 30mins before advertised screening times. Programme, dates, times, BBFC certificates and running times are all subject to change. We reserve the right to alter the advertised schedule. Please book early to avoid disappointment.

The Hub Community Library





The Hub community library is well used and a much loved community resource, thank you to everyone who has donated books, it is the only way our library will grow and survive.

If you haven't visited the library yet, please pop in and see us



We reserve the right to pass on books, due to condition, subject matter or duplication, to other sources.

Fish & Chip lunches



Bell View will be running a Fish and Chip Lunch at Seahouses Hub on the following dates:

Tuesday 14th March 2023 Tuesday 11th April 2023

We will be open from 11am and need people to arrive by 11.30 so we know how many lunches to order.£7 to include lunch, tea, coffee and biscuits. Telephone 01665 721868



Following requests from young people in the village the Volunteer Group purchased benches made from recycled material and new goal posts for the sports field between the Fire Station and the old Busy Bees building in Main Street. With the help of a local company the benches were securely installed. The new goal posts were then securely fitted and painted by another local company. Many thanks for all their help, which was invaluable. We now have a litter bin located near these seats which the Fire Service Volunteers have very kindly agreed to empty when they are around for their weekly training. So many thanks to them too.

We hope that we have shown the young people they are listened to and that they can now make good use of these additions in the field. (Goal nets to be sourced in the spring.)

Tree planting

The Volunteer Group collected some saplings from Northumberland County Council a while ago to help with preventing climate change and apart from losing four in Storm Arwen, the remainder thrived, and Coast Care recently arranged for them to be replanted in the village. A small, but worthwhile gesture.

And the Volunteers have been busy planting bulbs for next spring to ensure we provide a good display in the planters.

We would love to welcome some more Volunteers especially with a proposed stall in the spring and displays for the King's Coronation celebrations. And help with tending to the planters would be much appreciated. Please come along to our monthly get togethers held at the Community Centre, Stone Close on the first Thursday of each month. Just come if and when you can, we're completely flexible and grateful for any time you can spare despite how little.

Contacts: Louise Trotter 07539 758421 and Jill Hall 01665 721023 or 07981 222276 www.seahouses-volunteers.co.uk

North Sunderland and Seahouses WI Report

A Happy New Year from the North Sunderland and Seahouses WI. We are pleased to report that our "Reverse Advent Calendar" was very successful with a large donation of food being donated to the local foodbank prior to Christmas.

We started 2023 off with a very informative and insightful talk by Cannon Tony Macpherson on "Why I Love Northumberland". A personal reflection on his journey culminating in being appointed the Vicar of Beadnell, Ellingham and North Sunderland and Seahouses. Of particular interest was the role played by Lord Crewe in the development of the harbour and St Pauls church North Sunderland and the history of Northumbria and the importance of Bamburgh and Holy Island and integral role of St Aiden, King Oswald and Saint Cuthbert. The talk was absolutely fascinating and enjoyed by all.

As we look forward to 2023 planning is in progress for our speaker program as well as our 99th birthday and King Charles' Coronation celebrations.

Please feel free to join us at our monthly meetings on the first Tuesday of the month at 7pm at the Seahouses Social Club or for coffee and a chat at Coffee 1 in Seahouses on the 3rd Tuesday of the month at 10.30am.

Harbour Artists

Art Group meets in The Methodist Chapel Hall Tuesday mornings between 10am and 12.00pm.

Painters or crafters will be made welcome in this friendly group.



Seahouses Development Trust is a registered charity.

The charity exists for the inhabitants of Seahouses and the surrounding area.

The Trust owns and runs Seahouses Hub and Seahouses
Luxury Linen Hire Ltd, a social enterprise. All profits made by
Seahouses Luxury Line Hire are donated to the Development Trust
and reinvested in the community. This may be through supporting
our Youth Project, Community Cinema or sustaining the community
warm hub and the varied services it provides.

The Trust provides a local community organisation with the capacity to create and take opportunities, develop, and manage projects, deliver services, and to create sustainable income streams to support these aims

The Trust is currently focusing on improving its governance and finances and has five main community projects:

- A community warm hub and associated groups
- A youth project supporting events and activities for young people in the village
- o A community cinema
- An information and office services facility for the community which incorporates a limited replacement library service run in collaboration with Northumberland County Council.

Updating and refurbishing Seahouses tennis courts to a multi-use games area.

The Trust is looking for new trustees to bring further diversity of background, experience, and expertise to the board. The position is unpaid. You may or may not have had previous trustee/board experience; specific expertise in aspects of the Trust's work would be an advantage. The important thing is that you are a strategic thinker and agree with the aims of the charity.

We are particularly looking for trustees with experience in personnel and marketing.

The Trust will be electing a new chair of trustees in the coming year and new trustees willing to consider the role would be very welcome.

The Trust holds six bi-monthly meetings a year.

If you are interested in becoming a trustee of Seahouses Development Trust please contact:

Shirley Wright on 01665 721868 for more information.

SEAHOUSES OUTDOOR BOWLS CLUB



We are again looking to attract more new members this year when our new season starts on Saturday 15th April.

So, if you were ever considering playing flat green bowls, PLEASE GIVE IT A TRY THIS YEAR and if you wish, bring your family along for a fun session.

We are still offering prospective new members THREE FREE 2 HOUR TASTER SESSIONS on weekday afternoons or evenings (2 – 4:30 & 6:30 – dusk) or at weekends by prior arrangement. ALL EQUIPMENT PROVIDED and don't worry if you've never played before.

In addition we will again be participating in the nationwide BIG BOWLS WEEKEND on the last weekend in May. Further details will follow.

For any further information, please contact Steve Clement on 01665 721203, Barbara Harris on 07917 196138, or have a chat with Stephen Keay in Cubby's.

Beadnell Parish Council Notes

Concerns have been expressed after reports of fires being lit on Beadnell Bay beach. Michael Dawson – proprietor of "The Landings" – is working to help tidy up the debris.

Police reported that two crimes were recorded in the Parish during the two months ended 23rd November. Councillors were aware of other incidents having taken place which were not included and urge residents to report any criminal activity to the police. It is understood that the parking restrictions on Seahouses Main Street are to be changed. Many Beadnell, Swinhoe and Fleetham residents need to visit Seahouses on a regular basis for shopping etc. Councillors are trying to establish the nature of the changes being proposed and in particular whether the concessions available to car owners holding "Blue Badges" will be preserved.

Following a year when four road traffic accidents requiring emergency services to attend, took place at Swinhoe Crossroads, a meeting has been held with Northumberland County Council to discuss improving the safety of the crossroads. A programme of improved road signage and road marking is being proposed. The children's playgrounds are subject to regular official safety inspections and plans are in place to enhance and renew some of

Waterlogged areas and the safety of memorials in the cemetery are being addressed.

the play equipment in the playgrounds.

Meetings have been held with representatives of the County

Council to improve and extend the existing partial footpath from

Beadnell to Swinhoe. In addition, concerns over the deteriorating

condition of the well used Beadnell to Seahouses footpath have also
been expressed.

In the last edition of Village News the creation and purpose of "The Chattery" in Longstsone Close was explained. This project is now complete and in use. The arrangements for the opening ceremony will be published.

Agreement has been reached to install cycle stands at an appropriate location to be decided.

More information on any of the foregoing is available on the Parish Council Minutes which are displayed on noticeboards throughout the Parish; on the Council's website; or by contacting any Parish Councillor.

CHRISTMAS DAY LUNCHES 2022

Once again it is a real pleasure to give heartfelt thanks to all those who contributed in any way to enable us (for the 16th year) to deliver over 40 traditional Christmas Day meals all around our local area.

Special thanks also once again to the Britton family and staff of the Ocean Club for their real enthusiasm in supporting this event for the third year running: your ears would burn if you could hear the wonderful comments of appreciation from those sampling your delicious fare — a huge 'thankyou' to you all.

Due to the ongoing generosity of those individuals and businesses who have so kindly donated to our fund, we can ensure that this project will continue as long as ever needed.

Special thanks too must go to our enthusiastic team of volunteer drivers: you are all greatly appreciated for your cheerful and willing support.

With sincere thanks to all involved I ask that God's blessing may be with everyone who has demonstrated such kindness to others around our local communities.

Carole Ann Field

Report from Beadnell WI

2022 ended for Beadnell WI with a lovely Christmas party in the Hall, complete with a delicious hot meal. Catered by Ian and Carol from Scotties, with some amazing puds to finish, all washed down with something sparkling. Santa left his sack and we all had a gift to take home. A great evening.

We also enjoyed serving soup at the social event which marked the switch on of the village Christmas lights. Another happy occasion. 2023 began with a fantastic Burns Lunch in the Craster Arms, complete with piper and the toast to the haggis. Our numbers were quite small at this gathering but everyone enjoyed it enormously. At our first meeting of the year we voted on our resolution which will be forwarded to the Annual General Meeting to be held in Cardiff this year. After that piece of serious business we were entertained and informed by George Scott, who led us through a maize of signs.....all of them funny or confusing. A bright start to our spring programme.

In the early part of the year we will enjoy a range speakers and events.

Including finding out in February about life as an apprentice at Alnwick Castle. We will gently stretch a muscle or two with exercises in a chair at our March meeting and in April we will enjoy a pie and peas games night.

Everything will lead us to our centenary birthday party in May.

Our lunch club continues to enjoy a monthly outing, and we host a weekly coffee morning in the Hall on Wednesday between 10 and 12 md, With lovely fresh home made scones, and good coffee. The Hall also hosts a monthly lunch, and a weekly seated exercise class, supported by Bell View.

We meet on the second Thursday in the Hall, at 2 pm from October to April and 7 pm during the summer months.

We welcome new members, and visitors to our meetings. Come along and meet new friends.

Bamburgh

Life is stirring in Bamburgh after a hectic December of Christmas parties and New year celebrations. Despite the fact that some events had to be put on hold, due to icy conditions, most parties took part at a later date and as New Year saw the temperature rise the Bamburgh Wild Swimmers enjoyed their 9am New Year's day dip with a warming tipple on the beach as a reward. Most Christmas decorations, lightening homes, have been taken down and packed away for next year but the Grove, in the centre of the village, will shine its Christmas glow for a further few weeks. Friends of St Aidan's Church are holding a money raising raffle at their Festive dinner to raise funds for The Bamburgh Christmas lights as they were quite severely damaged when storm Arwin wreaked havoc. The new Children's playground is looking spectacular but as it is not open for public use all who want to try the new equipment will have to wait a little longer. Now that the only community centre in Bamburgh, the pavilion, is closed for refurbishment organisations who normally use this venue have had to look further a field. The Scottish Country dancing group are now meeting in the Seahouses Hub, likewise the Bird Club and Bamburgh Women's Institute is holding meetings in the classroom at The Grace Darling museum. Other clubs or organisations who use the local pubs and hotels for their get togethers are not affected so the the very popular village coffee stop every Monday morning in the Victoria hotel continues as does the Bamburgh once monthly Quiz Night in the Castle Inn and the Mah Jong and Mexican train playing groups. In the public green spaces surrounding the centre of the village daffodils are thrusting their leaves through the grassed areas so it should not be too long before our walks in the village can be enjoyed with their golden glow and winter is left behind. Bamburgh residents wish all who read the Village news a Very Healthy and Happy 2023

Timely Garden Tips. February and March 2023

- Flowering stems of bulbs sold for flowering indoors, including hyacinths, often flop when brought into the warmth. Once the flowers start opening, cut the stem off as far down as possible, They will continue to flower in a small vase. The leaves should be allowed to grow and, once they die off, the bulb can be planted in the garden to reflower next year
- Thanksgiving, Christmas or Easter Cacti will last many years if treated kindly. After flowering leave the plant to rest for a couple of months in a light place. Water sparingly but don't let it dry out. Once the frost has past it can be moved into a sheltered spot outside. Bring it back inside in the autumn.
- Time to buy your seeds for the spring. Gardening Which found
 Kings Seeds best value for money. If you want to try
 something new have a look at Chiltern Seeds website which
 offers seeds for rare, exotic and carnivorous plants as well as
 a much wider range of more common vegetables and flowers
- Moving to peat free compost can be a challenge but Gardening Which found seedlings and potted on plants all improved by adding liquid feed, at the recommended strength, to watering once a week.
- Snowdrop bulbs are easy to increase by lifting a clump once flowering has finished. Pull the bulbs and leaves into smaller clumps and replant elsewhere. All bulbs benefit from a sprinkle of granular feed after flowering. Mark any bulbs that come up 'blind' i.e. with leaves but no flowers. The bulbs may be congested and will benefit from splitting and replanting after the leaves die back.

Now is a good time to edge your lawn with an edging tool, spade or even a sharp kitchen knife. Its amazing how it tidies up the look of your garden.

If its too wet or cold to get into the garden houseplants benefit from being repotted and receiving some TLC in the spring. Remove dead leaves and stems. Scrape off the top few inches of compost and add fresh or, if pot bound, repot in a larger container. Add granular plant feed or start adding liquid feed to weekly watering. Large leaf houseplants benefit from a wipe down with a wet cloth to remove dust. Its always worth standing any broken off stems in a glass of water on a windowsill as many plants develop roots and can then be potted up.

BEADNELL Soup and Sandwich Lunch

Bell View are running a soup and sandwich lunch on the first Tuesday in every month in the Beadnell WI hall.

Home made soup, sandwich, cake, tea/coffee.

All for £5.00.



Seahouses Hub 100 CLUBSeahouses Development Trust are raising funds to ensure the future of The Hub and Community Cinema. This is a monthly number draw, which costs £1 per number = £12 per year and the payment is collected in **one payment**. The monthly draw takes place at the Hub. Each applicant will receive one number between 1 – 100 which they will keep for the year. Applicants are unable to select their favorite number.

One prize of £25 will be awarded after each draw to the holder of the winning number and will be sent by cheque directly to the holder within 10 days of the draw date. The remaining funds will go to support The Hub and Community Cinema.

Applicants will receive written notification of their allocated number.

Please return the application form and cheque to:

Anne Dawson, Seahouses Development Trust, The Hub, Stone Close, Seahouses, Northumberland, NE68 7YL. 01665 721868.

Application form Seahouses 100 Club

| Name. |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Address: |
| Postcode: Tel: |
| E-Mail address: |
| Please allocate me numbers (£12 each number) |
| I enclose a cheque for £ made payable to Seahouses Development Trust |
| I understand that £25 will be paid out in prize money each month and the remainder of the income will be used to support Seahouses Sports & Community Centre |
| Signed: Date: |



Space for Shorebirds

Now that the days are getting longer and spring feels like it could be just around the corner, the extra hours of daylight signal to many species that it will soon be time for some dramatic seasonal behavioural change. Many of the winter shorebird species we can see on the Northumberland coast will soon be setting off on migration to their breeding grounds, one of the biggest challenges of their lives.

These tenacious birds can fly thousands of miles each spring to reach their breeding grounds, where the habitat is best suited to raising their young and giving their chicks the greatest possible chance of survival. Most migratory shorebird species will be flying North, some as far as the Arctic circle, where the summer sun never sets, and their chicks can feed on the plentiful food.

To stand a chance of making it through this huge journey and arriving in the Arctic with enough energy to begin raising a family, it is important that these birds leave our shores in the best possible body condition. This means that while they are here, they must feed as much as possible and conserve calories so that they have strong enough energy reserves. When using the coast, if we can watch out for where the birds are and keep our distance so that they can feed without being disturbed we can give them the best chance of making this epic journey successfully.

Thank you for giving space for shorebirds!

SEAHOUSES SOCIAL CLUB

126 Main Street, Seahouses Tel: 01665 720522

YOUR LOCAL FRIENDLY SOCIAL CLUB

MULTIPLE LARGE SCREEN TVs SHOWING SKY SPORTS.
BT SPORT AND RACING TV

2 POOL TABLES
SNOOKER
DARTS and DOMINOES
JUKE BOX and GAMING BANDITS

OPEN DAILY

DOG FRIENDLY

REGULAR LIVE MUSIC THURSDAY NIGHTS ARE QUIZ NIGHTS (from 9pm)

FUNCTION ROOM AVAILABLE FOR HIRE AT REASONABLE RATES CHILDRENS PARTY PACKAGES AVAILABLE

> ALWAYS LOOKING FOR NEW MEMBERS (membership fee applies)

ONE WEEK TEMPORARY MEMBERSHIP AVAILABLE,
IDEAL FOR VISITORS AND HOLIDAY MAKERS

MEMBERS BENEFIT FROM THE LOWEST BAR PRICES IN SEAHOUSES AND THE SURROUNDING AREA

SEAHOUSES SOCIAL CLUB

126 Main Street, Seahouses Tel: 01665 720522

OUR FUNCTION ROOM IS AVAILABLE FOR PRIVATE HIRE

WITH OR WITHOUT A FULLY LICENSED BAR

REASONABLE RATES

CHILDRENS PARTY PACKAGES AVAILABLE

APPLY IN PERSON OR EMAIL

seahousesclub@gmail.com

to enquire about availability and pricing



The Mobile Library
visits the Hub
once a month.

For more information call 01665 721868

To advertise in this space please contact

Seahouses Development Trust

The Hub Stone Close Seahouses.

Tel: 01665 721868

Email: sdt@seahouses.org





Frankie & Twinkle's

Pet Supplies Ltd

| Opening Hours | | | | |
|-------------------------------------------------------------|---------------------------------------|---------------|--|--|
| Mon/Thurs | | Closed | | |
| Tues/Wed/Fri/Sat | | 09.00 - 17.00 | | |
| Sunday | | 10.00 - 15.00 | | |
| Where to Find Us | | | | |
| Unit 3C, Belford Industrial Estate | | | | |
| Belford | | | | |
| NE70 7DT | | | | |
| What3words: ///exonerate.adopters.rollover Contact Details | | | | |
| Phone: | Mal: 07576634371 or Ruth: 07846582092 | | | |

THE NORTHUMBERLAND MOLE CATCHER

SERVING NORTHUMBERLAND AND THE BORDERS

100% Results Free Quotations 20 Years Experience Friendly, Reliable Service ALSO

Collins Pest Control

COMPLETE PEST CONTROL SERVICES

Moles, rabbits, rats, mice, birds, ants, fleas, wasps, flies, woodworm, bees & insects

Fumigation Unbeatable prices on spring traps, cage traps & all poisons

Supplier of professional pest control products and rodenticides

RORY COLLINS Technician

Mobile: 07515 489119 Belford, Northumberland rory@collinspestcontrol.co.uk



THE LAUNDRY LODGE

158A MAIN STREET, NORTH SUNDERLAND, SEAHOUSES, NE68 7UA. TEL: 07808065800

PROFESSIONAL LAUNDRY OPEN TO THE PUBLIC

WALK IN SERVICE WASHES & PAY PER USE TUMBLE
DRYERS

CONTRACT AND ONE-OFF LINEN, HOLIDAY HOMES AND B&Bs catered for.

LAUNDRYLODGESEAHOUSES@GMAIL.COM



Home from Home

Holiday Home Cleaning and Management
Domestic & Commercial Cleaning
homefromhomehousekeeping@gmail.com

Tel: 07432662647





PENROSES

AERIAL & SATELLITE INSTALLATION/SERVICE
TV WALL MOUNTING
PAT TESTING

ALNWICK 07876282537 gpenroseandsons@btinternet.com





Direct-Pets

Berwick Upon Tweed Great Service, Expert Advice

Dogs Welcome

1000's of Products

Tel: 01289 302757
Off the A1 Near Morrison's TD151TU
Open

Mon-Sat 9am-6pm

Sun 10am-4pm

Seahouses Luxury Linen Hire

Do you own a holiday let or B&B?

Thinking of having to buy new bed linen & towels?

Our service can provide you with crisp white quality bed linen & fluffy towels to hire at very competitive prices and laundered to a very high standard.

Only pay for what you use.



Would you like to find out how the service works?
View samples and discuss your requirements?
Please contact: Tel:01665 721868
Email: sdt@seahouses.org

Save money and support the community

Seahouses Luxury Linen Hire Limited is a social enterprise wholly owned by Seahouses Development Trust, all the profits will be re-invested in the community.

All linen is washed in commercial washers that hold higher temperatures longer unlike domestic washers that only hold a 60 deg temp for a moment or two and that combined with more complex chemistry correctly dosed will kill 99.99% of potential hazards.

Coastal Blinds

Domestic. Contract. Commercial

Roller, Vertical, Venetian & pleated blinds.

Velux blinds approved installer.

Repairs, replacement vertical veins available

FREE QUOTATIONS & HOME VISITS

At a time that suits you.
Phone 01665 721188
07958 765853

E-mail genok55@hotmail.com

We put the others in the shade for quality & service





www.hamiltonaerials.co.uk



Useful telephone numbers



| Doctors surgeries Seamouses | |
|-----------------------------|--------------|
| Alnwick Medical group | 01665 720294 |
| Belford Practice | 01665 720917 |

Dentist

The Dental Room, Belford 01668 213744

Citizens Advice

Northumberland Advice Line 03444111444

Age Concern Northumberland 01670 784800

Seahouses Tourist Information 01670 625593

Oil Can 01670 500812

Northumberland County Council 0345 600 6400

Seahouses Development Trust 01665 721868

Churches

St Aidan's, St Paul's and St Ebba's

Rey'd Canon Tony Macpherson 01665720202

Methodist Church

Rey'd Kim Hurst 01289 306291

St Aidans RC

Deacon David Smith 01665 720427

For safe crossing times to Holy Island go to:

https://holyislandcrossingtimes.northumberland.gov.uk/

Village News

Copy deadline for the April 2023 issue is Wednesday 15th March 2023