## Seahouses Development Trust

### VILLAGE NEWS

Seahouses Development Trust is here to help during this very difficult time.

If you are self isolating and need help with picking up shopping or medication, posting mail etc. or would just like a friendly phone call please get in touch and we will try our best to help

You can call us on 01665 721868 or email: sdt@seahouses.org

The Trust would like to thank all the volunteers who have come forward to offer their help and are doing such a wonderful job of supporting our community. We would also like thank North Sunderland Football Club and Seahouses Golf Club for their generous donations to the Covid-19 emergency fund.

We have a selection of Jigsaws and books available, if you would like any please get in touch.

The next village news will be published at the beginning of August and we would love you to share your experiences, stories and pictures about lockdown in this







Almost twenty years ago, I was one of the first in Northumberland to be trained as a Leader with the then Walking Your Way To Health scheme. During the Foot and Mouth Disease crisis, together with other local Leaders, I began a monthly walk in Seahouses, "Coasters".

In 2002, shortly after my wife died, I decided to live in Seahouses. I was visiting regularly because of Coasters and, when I was 18 years old, my late wife (then a fellow student) had introduced me to the glorious North Northumberland coast.

My sons were surprised that I planned to relinquish my lovely home in Newcastle to live in an apartment in a small village! I reminded them that Seahouses had everything – butcher and baker, bank and post office, supermarket and garage, surgery and pharmacist. Unlike some coastal villages, it would stay 'alive' because of tourists using these facilities.

I discovered that, in the summer, tourists could prove a headache. Long queues in the Co-op just for four pints of milk, never a chance of parking anywhere near my own apartment, loud revellers late into the night!

So, Covid-19 has had one advantage, the quietness since Easter. Even seeing no-one on my daily exercise along the clifftop path.

### Wanted!



For the book lending service based in Seahouses Hub,

Stone Close, Seahouses

Please leave books on the step at the Hub or for further information please contact:

Seahouses Development Trust

Email: anne@seahouse.org

Tel: 01665 721868



### LOOK OUT! The Golden Guide for Over 50s is out again!



This popular FREE guide for Northumberland is well known for information on activities, clubs and social groups across Northumberland. This year there's a section on Social Prescribing to explain how this new approach can help improve your

wellbeing.

Readers also discover how to find expert advice on their health, home security and social care. There's money and consumer advice on scams, plus Friendship schemes to help reduce loneliness.

### Postal copy

If you can't get out or can't find a copy - ring Age UK Northumberland on 01670 784800 and they will post one out to you free.

**Online** 

#### **Beadnell Activities**

Once the lock down was announced residents were quick to identify and respond to any needs. People have been staying in contact with others by phone, doing daily shopping, sharing online supermarket deliveries and even giving away unwanted seeds and veg plants for their neighbours to grow on and enjoy.

A special mention to Michael and Chico at the Craster Arms who, in addition to maintaining a welcome take away/delivery menu, deliver prescriptions locally and are preparing and delivering free hot meals to many vulnerable people in the area. Beadnell Convenience Store have been delivering daily newspapers and taking orders for shopping by text to be delivered to those self-isolating.

Despite having to keep the church locked Vicar Tony has been using social media daily with on line services and St Ebba's church is now allowed to ring one bell. This is rung on Thursdays at 8pm in support of our NHS and others who look after our needs. It is also rung on Sundays at 9am, the time of our normal Sunday Service. Two welcome visitors to Beadnell are our swallows who are nesting, as they have done for the last few years, in the church porch.



### Libraries

Although libraries are closed they are offering free dital books and free audio books can all be accessed online through our Borrowbox and RB Digital Services. All details of how to download the apps can be found on our website <a href="https://www.mylibrary.co.uk">www.mylibrary.co.uk</a> Non members can now join online and register to use the service immediately.

### **Bamburgh**

The Bamburgh volunteers organised by Bamburgh Parish Council and St Aidan's Church have done and are still doing a sterling job caring for all those who, from necessity, are self isolating in Bamburgh and its surrounds. Also the traders who are providing an excellent service of home delivery and self collection of produce and ready meals for those who require this service. There is a wonderful feeling of community and care within the village with everyone taking great care to follow the 2 metre contact restriction and this did not stop folk meeting up, in small numbers outside, to celebrate VE day on a gloriously warm and sunny afternoon on Friday 8th. It is noticable, when taking our once a day outside exercise, that flora and fauna is benefiting from our almost car free roads and quiet streets and our gardens have never looked so wonderful with the increased activity home owners have been lavishing on their own outside space. We are all looking forward to a return to normality and meeting with family,



### **ALNWICK DISTRICT FOOD BANK**

We are here to help you, if you need us.

During this current lock down please contact us directly:-

VIA EMAIL: alnwickdistrictfoodbank@gmail.com

VIA PHONE: 07498488797

VIA SOCIAL MEDIA: Facebook and Twitter; search

'ALNWICK DISTRICT FOOD BANK'



### We are still here for you!

HospiceCare wants to reassure you that our specialist Hospice at Home care and support continues to be delivered as normal across North Northumberland during the Coronavirus, 365 days a year, day or night, planned or in a crisis situation.

HospiceCare supports adults living in North Northumberland who have a life-limiting condition such as Cancer, Heart Failure, Lung Disease, Motor Neurone Disease, Parkinson's and Advanced Dementia. We are also able to offer support to their families and carers. Our Family/Bereavement Support also continues but via the telephone rather than face-to-face.

For the present time our drop-in services at Alnwick and Berwick have been suspended. Our existing referral process and criteria remain unchanged for the present time, so please contact us via telephone if you wish to self-refer into either our Hospice at Home or Family Support services. You can also ask your Healthcare professional to refer on your behalf.

Please don't hesitate to telephone our nursing team directly on T. 01665 606515 or T. 01289 309997 or email: nursing-team@hospicecare-nn.org.uk



However, the next few months are going to be a financially challenging time for HospiceCare having either postponed or cancelled our fundraising events as well as closed our shops, we are now losing income of around £50,000 every month.

So as well as looking a new and innovative ways of generating funds we have set up a Coronavirus Appeal to help make up that shortfall because It's crucial that we can go on supporting people to be at home at the end of their life, rather than in a hospital setting.

If you are able to make a donation, however large or small, every penny will make a BIG difference by sending a cheque to HospiceCare, Greensfield House, Unit 3, Willowburn Avenue, Alnwick, NE66 2DG.

You can also email: Rebecca on: rtaylor@hospicecarenn.org.uk if you would prefer to make a bank transfer.

You are also able to donate online by visiting our Virgin Money Giving page: https://uk.virginmoneygiving.com/charityweb/charity/displayCharityCampaignPage.action? campaignId=11806&charityId=1016416 Full details on HospiceCare's nursing services can be found on: www.hospicecare-nn.org.uk

### Parent versus home schooling

If someone had told me at the beginning of the year that 2020 would be the year we were to stay at home on lockdown due to a deadly virus I would have thought they were crackers and if they were to tell me I had to Home school my children as well I would have laughed and laughed then cried a little, which is what I did. I never in a million years thought it was something I would have to take on.

We had a few days to acclimatise to our new situation then In I went with the home schooling. Maths ,English and a little science I thought. How hard could it be? Well let me tell you!

Have you ever tried to keep a hold of a slippery eel while looking after a hungry lion and trying to read instructions on building Ikea furniture?! That just about sums it up.

We tried the school ideas, we tried web pages, we tried work books and lastly zoom sessions with friends having a different parent/teacher for each session. It all worked for a while but after about the 4th week Teachers and pupils were at breaking point.

I say hats off to the real teaching staff in the schools I will definitely be getting better end of term presents in the future!

Its easy to say home schooling is probably the hardest task I have had to take on in my life and the most stressful. Keeping this in mind and having a think about how stressed the children must be feeling we decided on forest/beach/garden school instead and what a laugh it is as well.

Jane Smith











### On behalf of Canon Tony, Deacon Jackie and Deacon David,

A very big thank you to everyone in North Sunderland, Seahouses and the surrounding villages for looking after one another and for keeping our villages open and functioning.

These are very challenging times, with so much loss and difficulty happening in everyone's lives.

If you, or anyone you know, would like prayer, listening or support in any way please give us a call on the numbers below;

### Canon Tony - 07780 990354

### A message from Seahouses Methodist Church..

Although the church is, as many places are closed during this particularly difficult time, we continue to be a presence through our continued prayer and ability to say 'hello' from a distance. I do hope and pray that each and every one of you are managing to cope with both the social isolation and simply just 'taking care'.

Thanks, are given to all those reading this who have gone out of their way to be a helping hand to neighbours, friends and others in our community. As we now start to ease our way out of the dreaded lockdown, I do hope and pray that we will soon, as the song goes 'meet again some sunny day.' Take care and keep safe.

### **Every blessing from all at Seahouses Methodist Church**

# Competition time! Open to all ages!



Please help us!

Our poor Teddy Bear at the Hub doesn't have a name! Think of a name for our lovely bear (he's sitting in the window at the Hub if you want to go and have a look at him)

When you have decided on a name send his name with your name and contact details to Email: anne@seahouses.org

Ring 01665 721868 and give us the details

Or write them down and pop them in the letterbox at the Hub.

### Free Food for the Elderly

Following the nationwide lockdown on the 23rd March, it soon became apparent that the more vulnerable members of our local community were in need of some additional support. From our beloved elderly to those with underlying health issues ordered to 'shield', The Craster Arms immediately began delivering prescriptions for residents within the village of Beadnell.

During these deliveries, we were aware that some of our most vulnerable residents were struggling to obtain basic essentials and groceries. Even visits from family members and close friends became near impossible. With supermarket delivery services stretched to their limits, creating waiting times of up to a week, it was decided that a free hot food delivery service would be trialed. Homemade dishes were prepared in the kitchen of The Craster Arms and delivered on Monday, Wednesday, and Friday evenings; including a hearty roast lunch every Sunday!

Supporting a number of vulnerable residents in Beadnell, it was soon rolled out to the neighbouring villages of Seahouses and Bamburgh. This was made financially possible by our on going comercial delivery service.

With ever increasing recipients, it wasn't long before the local community stepped up to support the cause! To the individuals and organisations that have donated money and food; we are extremely grateful that you have helped us help others.

This essential free food service will be continued for as long as we feel necessary, and we welcome any additional names to be added our list of over 80 and counting. If you know of someone that would benefit from this service, please feel free to contact us on 01665 720272. Donations are greatly appreciated but by no means mandatory.

### **Covid-19 Key contacts**

### **UK Government COVID-19 updates**

Visit: www.gov.uk/coronavirus

### **NHS** guidance

Visit: www.nhs.uk/conditions/coronavirus-covid-19/

### Food parcels for people who are extremely vulnerable

Register yourself or someone you know for this government service if eligible:

Visit: www.gov.uk/coronavirus-extremely-vulnerable

### **Northumberland Communities Together**

The Northumberland Communities Together community response hub

Call: 01670 620015. Email:

northumberlandcommunitiestogether@northumberland.gov.uk

Open 9am- 6pm seven days a week

### **Northumberland Association of Local Councils**

Email: info@northumberlandalc.uk, or click on the 'Councils' tab on the website and search for your town or parish council to find out what help is available locally:

Visit: www.northumberlandalc.uk/welcome-northumberland-association-local-councils-website

### Safeguarding in Northumberland

If you are worried about the welfare, health or wellbeing of a child or adult, contact Onecall:

Call: 01670 536400: 24-hour service, 365 days a year

If a child or a vulnerable adult is in immediate danger, you

### Domestic Abuse Support Service in Northumberland (DASSN)

Providing confidential, high quality specialist support and advice for women and men who are at risk of domestic abuse

Call: 01670 820199 (24 hours per day).

In an emergency, call: 999

Visit: http://livingplus.placesforpeople.co.uk/customer/our-services/domestic-abuse/

#### Citizens Advice Northumberland

For general support: Citizens Advice Adviceline Service: Call: 03444 111 444

Open 9.30am-4.30pm Monday - Friday

For other contacts,

visit: www.citizensadvicenorthumberland.org.uk/stakeholder-briefing-for-covid19/

### **Northumberland County Council Business Hub**

Visit: www.northumberland.gov.uk/coronavirus/Support-for-Businesses-coronavirus.aspx

For lots of other links to information and resources, visit our

### **MESSAGE FROM:**

Rt Hon Anne-Marie Trevelyan, MP for Berwick-upon-Tweed, and her team are available to help all constituents with Covid-19 related queries and the usual support. She can be contacted on annemarie.trevelyan.mp@parliament.uk 01665 517512 or via her website (www.teamtrevelyan.co.uk) which contains useful links and Covid-19 information and advice.

## WEATHER

B R A I N В 0 W N 0 В W E Ε G J L K T D S S P M S 0 L E E T E L Τ A A L Q E H S S R F S C 1 Р W 0 R Y J A H A U N M U U H R 0 D T A R T M E M Z P R 0 G P M L E C D M K H 0 V 18 R R R G Z 1 N R E 7 E E F F G 0 U L A 0 A C M T A R R C R N P T H C N C T A 0 Z R A Т T U R E S 0 D A W E D W M T 0 C M E D Т T F E E S F M M 0 A C R F 1 0 W 1 Y U E N S R T Y N P R N S D P R T R C 1 T S S E C 1 H T D P V H R F 0 N D M 0 A U W R W S U N N Y H G F U R Z N R T R 0 Y E E W V K R J A N E X R S E E F G R E 1 T G R R P 0 G Y T A W R M S 0 L Y P R C L 0 U D Y N T Q Ν R E 0 S R S Ε В C G В M N T A T U L L T 0 Q U V E R S B X H F R P A 0 C A T M X W T S G Z Y N C L K W G G Q Y Ζ Α V M N A A E R S M V A P 0 A 0 N K 0 U E E 0 K F N E R G YLT R 0 PO S P H E R F

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OVERCAST
PRECIPITATION
PRESSURE
RAINBOW
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STRATOSPHERE STRATUS SUNNY TEMPERATURE THERMOMETER THUNDER TROPOSPHERE VAPOR WATER WIND

## Seahouses Luxury Linen Kire

### Do you own a holiday let or B&B?

### Thinking of having to buy new bed linen & towels?

Our service can provide you with crisp white quality bed linen & fluffy towels to hire at very competitive prices and laundered to a very high standard, only pay for what you use AND with No \_\_\_\_\_\_ Capital Outlay.

Would you like to find out how the service works?
View samples and discuss your requirements?
Please contact: Tel:01665 721868
Email: sdt@seahouses.org

### Save money and support the community

Seahouses Luxury Linen Hire Limited is a social enterprise wholly owned by Seahouses Development Trust, all the profits will be reinvested in the community.

All linen is washed in commercial washers that hold higher temperatures longer unlike domestic washers that only hold a 60 deg temp for a moment two and that combined with more complex chemistry correctly dosed will kill 99.99% of potential hazards.



Seahouses Hostel is a charitable organisation which provides residential accommodation for schools and youth groups.

We are very much in need of children's board games, jigsaw puzzles, construction toys and books - in good condition.

If you have any unwanted items and would like to donate them, we would be extremely grateful!

Please contact Karen Leadbitter - Warden



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website
www.seahouses.org
contact
Seahouses
Development Trust

Tel: 01665 721868

Email: anne@seahouses.org



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#### Seahouses Film Club

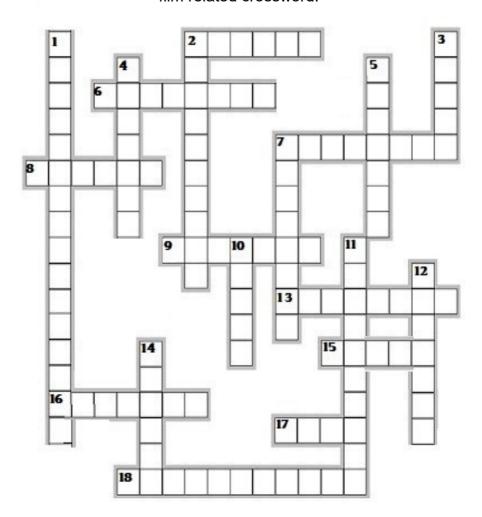
will be returning as soon as we can safely do so.

To keep up to date with #FilmClub events, please join our mailing list (phil@seahouses.org) or see:

www.facebook.com/TheHubSeahouses

or Twitter @seahouseshub.

In the meantime, why not have a go at this tough, film related crossword.





# SEAHOUSES FILM CLUB

1d.	2016 E	Best Actor Oscar winner for the film 'The Revenant' (8,8)
2a.	'AI	'. Actor known for The Godfather & The Irishman(6)
<b>2</b> d.	2016 A	American sci-fi film starring Jennifer Lawrence and Chris
Pra	tt. (10)	

- **3d.** 'John James ——- '. Fictional film character who first peared in 1972 novel 'First Blood' by David Morrell (5)
- **4d.** Shakespeare play & 2015 film starring Michael Fassbender & Marion Cotillard.(7)
- **5d.** Wardrobe assistant for actors on set. (7)
- **6a.** Best Picture Oscar winner 2020. Directed by Bong Joon Ho. (8)
- **7a.** Best Documentary winner 2019. Climbing without ropes.(4,4)
- 7d. 1940 The 3rd animated feature from Walt Disney. (8)
- 8a. Adam or Minnie? (6)
- **9a**. 2016 American science fiction film directed by Denis Villeneuve, starring Amy Adams. (7)
- **10d.** Actor 'Jeremy ——-' Voiced Scar in The Lion King. (5)
- **11d.** 'The —— Run'. 1981 comedy starring Burt Reynolds (10)
- **12d.** 'Doctor —' Marvel character played by Benedict Cumber-batch(7)
- **13a.** 'The Bourne —' 2002 action-thriller film based on Robert Ludlum's novel of the same name. (8)
- **14d.** 'The Daily —' Fictional newspaper that employs Clark Kent & Lois Lane. (6)
- **15a** 'I, —' . 2015 film starring Margot Robbie. Figure Skating Bio.(5)
- **16a.** Nickname of Dr Henry Walton Jones. (7)
- 17a. Actor. 'Alan —'. In M\*A\*S\*H & 'Marriage Story' (4).
- **18a.** 1996 film of a book. Starring Matthew McConaughey, Sandra Bullock, Samuel L. Jackson & Kevin Spacey (1,4,2,4).

### Useful telephone numbers



<b>Doctors Surgeries Seahous</b>	ses
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The Bondgate Practice	01665 720294			
Belford Practice	01665 720917			
Dentist				
¦The Dental Room, Belford	01668 213744			
Citizens Advice Bureau				
Northumberland Advice Line	03444111444			
Age Concern Northumberland	01670 784800			
Seahouses Tourist Information	01670 625593			
Oil Can	01670 500812			
Northumberland County Council	0345 600 6400			
Seahouses Development Trust	01665 721868			
Churches				
¦St Aidan's , St Paul's and St Ebba's				
Rev'd Canon Tony Macpherson	01665720202			
Methodist Church				
Deacon Jackie Wright	01665 721185			
St Aidans RC				
Deacon David Smith	01665 720427			

### **Village News**

Copy deadline for the August issue is Friday 15th July 2020